

SPRING NEWSLETTER

VOL 8 (3) | 2025

HELLO AGAIN!

As we gear up for the upcoming CPA convention, we're excited to highlight some key events and opportunities you won't want to miss. We'll guide you through the conference schedule, including notable posters, presentations and symposiums to attend. We're also sharing information about the Student Travel Award and the upcoming elections.

IN THIS ISSUE...

- ABSTRACTS OF AWARD WINNERS
- POSTERS, SNAPSHOTS AND 12-MINUTE PRESENTATIONS
- CONVENTION EVENTS
- STUDENT TRAVEL AWARD & ELECTIONS



**TRAUMATIC STRESS
SECTION
STRESS TRAUMATIQUE**

TSS EVENTS AT THE CPA CONVENTION



Here are some notable TSS-related events at the CPA Convention in June

THURSDAY, JUNE 12

St. John's Convention Centre (SJCC) - Level 2 - Victoria 2

16:00-16:55

Dr. Margaret McKinnon

Excellence in Psychology Award Winner and Section-Featured Speaker

Mental health & wellbeing impacts of the pandemic

The COVID-19 pandemic has exacerbated further mental health and wellbeing concerns among Canadian healthcare workers and public safety personnel (PSP). Our research suggests that moral injury and perceived lack of organizational support has contributed to post-traumatic stress injuries among Canadian healthcare workers and PSP. Preliminary evidence suggests that increased organizational support may decrease these injuries. In response to these findings, we have mounted a suite of online mental and well being resources to support the psychological needs of Canadians during emergencies and disasters, including future pandemics. In addition, we have developed trauma-informed organizational guidelines intended to reduce psychological distress during these events. Although devastating, the COVID-19 pandemic has reinforced strongly the need for emergency preparedness before, during, and after events that affect population health. Psychology has a critical role to play in these preparedness efforts.



THURSDAY, JUNE 12

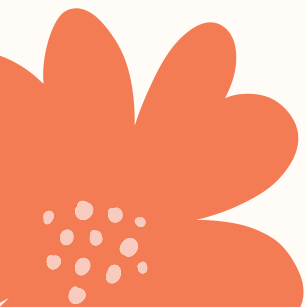
St. John's Convention Centre (SJCC) – Level 2 – Victoria 2

17:00–17:30

Dr. Marie-Pier Vaillancourt-Morel

Early Career Award Recipient Address

Childhood interpersonal traumas, which include all forms of childhood maltreatment (i.e., physical, psychological, and sexual abuse, as well as physical and emotional neglect), have well-documented consequences into adulthood, including impacts on psychological and physical health. This presentation will examine how childhood interpersonal traumas may be related to the sexual and relational dynamics of couples. Dr. Vaillancourt-Morel will first present findings showing that childhood sexual abuse is associated with two distinct patterns of sexual behaviors in adulthood—sexual compulsivity and sexual avoidance—and their associations with relationship dissatisfaction, extradyadic behaviors, and commitment. This work provided novel insights into the heterogeneity of sexual outcomes and their contextual roots in relational dynamics. Next, using dyadic longitudinal and daily diaries methodologies, Dr. Vaillancourt-Morel will present her work on the interplay between sexual and relational outcomes of childhood interpersonal trauma in both partners, revealing how the relational dynamic may play a role and affect partners' sexual wellbeing. Clinically, this research identifies potential therapeutic targets to promote couples' sexual well-being and enriches the field of trauma studies by emphasizing the relational context and dyadic interdependence of trauma victims and their partners.



FRIDAY, JUNE 13

St. John's Convention Centre (SJCC) – Level 2 – Victoria 1

Symposium | The Re: Building Families Program: Addressing the Impacts of Operational Stress and Trauma for Spouses and Significant Others in First Responder Families

Sarah Talebi, Hanna Duffy & Kelly Schwartz

Almost half (45%) of Canadian first responders (FR; i.e., firefighters, police officers, and paramedics) report suffering from one or more mental disorders (Carleton et al., 2018), many of which are the result of experiencing potentially psychologically traumatic events (PPTe). As a result of the extraordinary impacts of operational stress and trauma brought into the home by the FR member, spouses and significant others (SSO) also often encounter distinctive experiences and challenges that place them at an increased risk for developing mental health and relationship challenges. The current study developed and piloted a virtual psychoeducation and support program called Re: Building Families (Schwartz et al., 2022; Harris et al., 2022) and evaluated the impact using self-reported stress, mental health, and relational functioning and biometric (Garmin) data. Pairwise latent growth curve and mixed ANOVA analysis will explore significant improvements in self-reported stress and relational functioning (e.g., communication, affective responsiveness) for both the SSO and the FR, while biometric data will provide complementary but distinct trajectories of change. Discussion will focus on the need to consider both the context of family structure and level of distress that inform upstream, evidence-informed programming to improve individual and relational functioning for the FR and SSO.

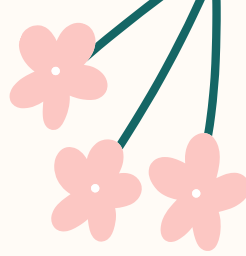
Symposium | Gendered Paths: Exploring Cognitive, Social, and Emotional Outcomes of Childhood Adversity

Jackson Smith, Kethmi Egodage & Alexa Nordine

Childhood adversity is common and often harmful. Although this association is well-established, a relatively new direction in adversity research is examining how pathways between early experiences and more distal outcomes vary pending characteristics of the individual. This symposium highlights gender differences in cognitive, social, and emotional sequelae of childhood maltreatment, disrupted attachment, and adversity broadly construed. Paper 1 leverages a large, longitudinal dataset to examine how childhood adversity influences puberty and self-regulation in adolescence. In collaboration with stakeholders in the child welfare system, Paper 2 explores clinical outcomes in adopted children followed over time. Paper 3 is a retrospective examination of relational concerns in adults who experienced maltreatment and/or abuse in childhood. Across all three investigations, early adversity experiences negatively influence the specific outcomes that are under consideration—though patterns are different for females and males. These papers highlight the importance of considering gender when evaluating cognitive, social, and emotional outcomes of childhood adversity. Practically, there is a need to take individual differences into account when seeking to understand and support people who have experienced adversity early in life.

POSTERS, 12-MINUTE TALKS AND SNAPSHOT PRESENTATIONS

THURSDAY, JUNE 12



TSS Posters

Interpersonal trauma, gender, and psychiatric symptom severity: Insights from forensic psychiatric inpatient data in Ontario, Canada

Bailey Thompson, N. Hilton, Elke Ham & Tisha Ornstein

Sexual self-schemas mediate childhood sexual abuse and sexual revictimization in plurisexual women facing antibisexual prejudice

Jessica Rowe, Grace Armstrong, Ariana Bujold & Kate Harkness

Understanding resilience through mentalization and emotion regulation in pregnant women with a history of childhood trauma

Maxime Legendre, Julia Garon-Bissonnette, Kim Deschenes, Roxanne Lemieux, Tristan Milot & Nicolas Berthelot

Childhood trauma and internalizing problems in adolescents living in residential care: The mediating role of emotion regulation

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Psychological interventions for teenagers with post-traumatic stress disorder: A scoping review

Tamar Gazit, Patrick McGrath, Karen McEwan & Sydney Walker

Feasibility of telehealth-delivered written exposure therapy, facilitated by paraprofessional coaches, for teenagers with post-traumatic stress disorder: A randomized controlled trial

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Are trauma films the best option for experimental PTSD research? Exploratory work comparing the impact of trauma films, images and mental imagery on psychophysiological outcomes

Deewa Anwarzi

TSS Snapshot presentation

The mental health and resilience of correctional officer recruits : The impact of adverse childhood experiences

Gillian Foley, Rosemary Ricciardelli, Matthew Johnston, Tamara Taillieu & Tracie Afifi

FRIDAY, JUNE 13

TSS 12-minute talks

Shame and coping at the intersection of racism, sexism, and Islamophobia: The case of Muslim women in Canada

Manzar Zare & Monnica Williams

Psychological Coping of Women Holocaust Survivors

Peter Suedfeld, Jessica Flores, Jessica Lee, Allison McKnight & Irina Della-Rossa

A Review of Gender Differences in Sports-Related Child Maltreatment

Annie Shiao, Kayla Schick, Kelly McWilliams & Shanna Dewit-Williams

The SafeCare® Program for Child Neglect: Description and Impact on Parenting Behaviours

Elisa Romano, Rougui Bah & Sarah Zak

Racial Microaggressions and Systemic Exclusion: Impacts on Mental Health and Academic Equity for BIPOC Students

Hesam Farahani, Arghavan Nepton, Sonya Faber & Monnica Williams

The Role of Community Belonging in the Association Between Childhood Abuse and Cyberbullying Victimization in Canada

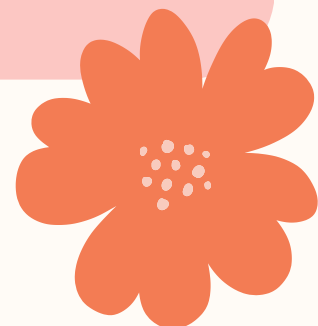
Emily Earle & David Speed

TSS ANNUAL GENERAL MEETING

TSS Executive Committee | June 12

17:30 – 18:00

Join the TSS Executive Committee as we discuss election results, announce the student abstract award, and review the section's activities for the past year.



JOINT RECEPTION OF CPA SECTIONS

Bannerman 2 room | June 13

18:00

The Clinical Psychology, Neuropsychology, Psychologists in Hospitals and Health Centers, Health Psychology and Behavioural Medicine, and Traumatic Stress Sections will be having a joint reception that you won't want to miss. Drinks and hors d'oeuvres will be served!

AWARD & ELECTIONS



STUDENT TRAVEL AWARD

The Traumatic Stress Section is excited to offer a Student Travel Bursary of up to \$1,000 to support students presenting in person at the 2025 CPA Annual Convention in St. John's, Newfoundland.

Eligibility Criteria:

- Applicants must have been selected to present in person at the CPA Convention as part of the Traumatic Stress Section.
- Students will receive reimbursement upon completion of the conference.

Award Requirements:

To be awarded the bursary, the selected recipient must submit the following documentation via email by August 31, 2025:

1. Proof of enrollment at a university for the Winter 2025 term.
2. Proof of registration for the 2025 CPA Convention.
3. Proof of travel and accommodation expenses for the conference.

How to Apply:

To apply, please forward your conference presentation acceptance notification to protopopescu.a@gmail.com by **May 21, 2025**.

CALL FOR NOMINATION – TSS EXECUTIVE COMMITTEE

We are currently accepting nominations for three positions on the Executive Committee of the Traumatic Stress Section: **Chair-Elect** (1-year term), **Student Representative** (1-year term), and **Secretary-Treasurer** (2-year term).

Nominations will be accepted until **May 16, 2025**. You may nominate your peers or self-nominate.

Please submit a brief statement of your interest and a short biographical statement (no more than one page in total).

- Please forward your nominations to Dr. Jacinthe Dion, Past-Chair: Jacinthe.Dion@uqtr.ca
- If you have any questions about the nature of these roles, the nomination or election process, please do not hesitate to contact Dr. Dion, Past-Chair at Jacinthe.Dion@uqtr.ca

BULLETIN DU PRINTEMPS

VOL 8 (3) | 2025

BONJOUR!

Alors que nous nous préparons pour le prochain congrès de la SCP, nous sommes ravis de mettre de l'avant certains événements clés et occasions à ne pas manquer. Nous vous guiderons à travers le programme du congrès, en soulignant les affiches, présentations et symposiums incontournables. Nous partagerons également des informations sur la Bourse de voyage pour étudiant et les élections à venir.

Dans ce bulletin:

- RÉSUMÉS DES LAURÉATS DES PRIX
- AFFICHES, PRÉSENTATIONS ORALES ET SYMPOSIUMS
- ÉVÉNEMENTS LORS DU CONGRÈS
- BOURSE DE VOYAGE POUR ÉTUDIANT ET ÉLECTIONS



**TRAUMATIC STRESS
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ÉVÉNEMENTS SST AU CONGRÈS DE LA SCP

Voici quelques événements à ne pas manquer liés à la SST lors du congrès de la SCP en juin.

JEUDI 12 JUIN

St. John's Convention Centre (SJCC) - Niveau 2 - Victoria 2

16:00-16:55

Dre Margaret McKinnon

Lauréate du Prix d'Excellence en psychologie et conférencière vedette de la section

Mental health & wellbeing impacts of the pandemic

The COVID-19 pandemic has exacerbated further mental health and wellbeing concerns among Canadian healthcare workers and public safety personnel (PSP). Our research suggests that moral injury and perceived lack of organizational support has contributed to post-traumatic stress injuries among Canadian healthcare workers and PSP. Preliminary evidence suggests that increased organizational support may decrease these injuries. In response to these findings, we have mounted a suite of online mental and well being resources to support the psychological needs of Canadians during emergencies and disasters, including future pandemics. In addition, we have developed trauma-informed organizational guidelines intended to reduce psychological distress during these events. Although devastating, the COVID-19 pandemic has reinforced strongly the need for emergency preparedness before, during, and after events that affect population health. Psychology has a critical role to play in these preparedness efforts.

NB: Les titres et résumés des présentations sont présentés dans la langue dans laquelle ils seront donnés.



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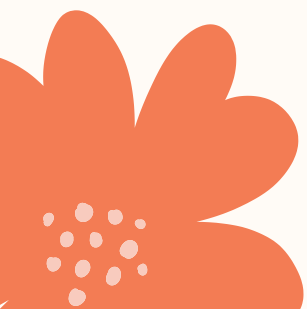
St. John's Convention Centre (SJCC) - Niveau 2 - Victoria 2

17:00-17:30

Dre Marie-Pier Vaillancourt-Morel

Lauréate du Prix d'Excellence en Psychologie - Début de Carrière

Childhood interpersonal traumas, which include all forms of childhood maltreatment (i.e., physical, psychological, and sexual abuse, as well as physical and emotional neglect), have well-documented consequences into adulthood, including impacts on psychological and physical health. This presentation will examine how childhood interpersonal traumas may be related to the sexual and relational dynamics of couples. Dr. Vaillancourt-Morel will first present findings showing that childhood sexual abuse is associated with two distinct patterns of sexual behaviors in adulthood—sexual compulsivity and sexual avoidance—and their associations with relationship dissatisfaction, extradyadic behaviors, and commitment. This work provided novel insights into the heterogeneity of sexual outcomes and their contextual roots in relational dynamics. Next, using dyadic longitudinal and daily diaries methodologies, Dr. Vaillancourt-Morel will present her work on the interplay between sexual and relational outcomes of childhood interpersonal trauma in both partners, revealing how the relational dynamic may play a role and affect partners' sexual wellbeing. Clinically, this research identifies potential therapeutic targets to promote couples' sexual well-being and enriches the field of trauma studies by emphasizing the relational context and dyadic interdependence of trauma victims and their partners.



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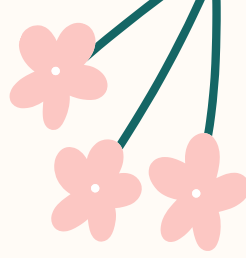
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AFFICHES, PRÉSENTATIONS ÉCLAIRES ET ORAUX DE 12 MINUTES

JEUDI 12 JUIN



Affiches SST

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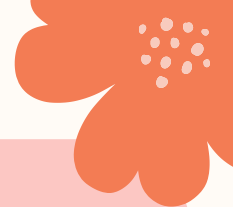
Deewa Anwarzi

Présentation éclairée SST

The mental health and resilience of correctional officer recruits : The impact of adverse childhood experiences

Gillian Foley, Rosemary Ricciardelli, Matthew Johnston, Tamara Taillieu & Tracie Afifi

VENDREDI 13 JUIN



Oraux de 12 minutes SST

Shame and coping at the intersection of racism, sexism, and Islamophobia: The case of Muslim women in Canada

Manzar Zare & Monnica Williams

Psychological Coping of Women Holocaust Survivors

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ASSEMBLÉE GÉNÉRALE ANNUELLE DE LA SST

Comité exécutif de la SST | 12 juin

17:30 – 18:00

Joignez-vous au comité exécutif de la SST alors que nous discuterons des résultats des élections, annoncerons le prix du meilleur résumé étudiant et ferons le bilan des activités de la section au cours de la dernière année.

Réception conjointe des sections de la SCP

Bannerman 2 room | 13 juin

18:00

Les sections de psychologie clinique, neuropsychologie, psychologues en milieux hospitaliers et centres de santé, psychologie de la santé et médecine du comportement, ainsi que la SST, organiseront une réception conjointe à ne pas manquer. Des boissons et des hors-d'œuvre seront servis !

PRIX & ÉLECTIONS



BOURSE DE VOYAGE POUR ÉTUDIANT

La Section du stress traumatique est ravie d'offrir une bourse de voyage pouvant aller jusqu'à 1 000 \$ afin de soutenir les étudiant-es qui présenteront en personne lors du Congrès annuel 2025 de la SCP à St. John's, Terre-Neuve.

Critères d'admissibilité :

- Les candidat-es doivent avoir été sélectionné-es pour une présentation en personne au Congrès de la SCP dans le cadre de la Section du stress traumatique.
- Les étudiant-es recevront un remboursement après la fin du congrès.

Exigences pour l'octroi de la bourse :

Pour recevoir la bourse, le ou la récipiendaire sélectionné-e devra soumettre les documents suivants par courriel avant le 31 août 2025 :

- Une preuve d'inscription à une université pour la session d'hiver 2025.
- Une preuve d'inscription au Congrès 2025 de la SCP.
- Une preuve des frais de déplacement et d'hébergement pour le congrès.

Comment postuler :

Pour soumettre votre candidature, veuillez envoyer votre avis d'acceptation de présentation au congrès à protopopescu.a@gmail.com avant le **21 mai 2025**.

Appel de candidatures Comité exécutif de la Section du Stress Traumatique

Nous acceptons actuellement des mises en candidature pour trois postes au sein du comité exécutif de la Section du stress traumatique : **président-e élu-e** (mandat d'un an), **représentant-e des étudiants** (mandat d'un an) et **secrétaire-trésorier-ère** (mandat de deux ans).

Nous accepterons les mises en candidature jusqu'au **16 mai 2025**. Les nominations peuvent venir de vos pairs ou encore de vous-même.

Si vous êtes intéressé-e, veuillez SVP soumettre une brève déclaration d'intérêt et une brève biographie (pas plus d'une page au total).

- Veuillez faire parvenir votre candidature à Dre Jacinthe Dion, présidente sortante : Jacinthe.Dion@uqtr.ca
- Si vous avez des questions sur la nature de ces rôles, le processus de nomination ou encore le processus d'élection, n'hésitez pas à contacter Dre Jacinthe Dion, présidente sortante : Jacinthe.Dion@uqtr.ca